



Draft program\*

## **AUA-CU Arts & Culture Workshop 2026:** *“The Art of Aging: Creative expression and cultural engagement in later life”*

*18 - 24 March 2026*  
*Chulalongkorn University, Bangkok*

\*Some details are subject to change.

| <b>DAY 1: Wednesday, March 18, 2026</b> |                                    |   |
|---|------------------------------------|---|
| <b>Arrival and Registration</b>         |                                    |   |
|   | Venue:<br>Chulalongkorn University | Accommodation: Residence of Chulalongkorn University (TBC)<br><br>- <b>All day:</b> Arrival of participants at the designated location.<br>- <b>Evening:</b> Welcome dinner and cultural performance showcasing Thai arts and traditions. |

Venue: Chulalongkorn University

| <b>DAY 2: Thursday, March 19, 2026</b> |                                    |   |
|--|------------------------------------|---|
| <b>Intergenerational Communication</b> |                                    |   |
|  | Venue:<br>Chulalongkorn University | - <b>Morning:</b> 1) Orientation session (intro to the workshop theme and objectives, ice-breaking activities)<br>- 2) Southeast Asia's Elderly: Issues and Opportunities (Expert Sharing Session)<br><br><b>By Dr. Montakarn Chimmamee</b><br>Researcher<br>Expertise<br>Population and development studies, Southeast Asia (esp. Thailand, Myanmar, Cambodia and Lao PDR.) issues related to migration and human capital development.<br>- <b>Afternoon:</b> Workshop on effective communication techniques between different generations, focusing on active listening, empathy, and understanding diverse perspectives. |
|  | Venue:<br>Yannawa Elderly School   |   |

|  |  |   |
|--|--|---|
|  |  | <ul style="list-style-type: none"> <li>- Interactive activities and games designed to promote intergenerational dialogue and understanding.</li> </ul> <p><b>By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School</b></p> <ul style="list-style-type: none"> <li>- <b>Evening:</b> Group discussion.</li> </ul> |
|--|--|---|

Venue: Chulalongkorn University

| <b>DAY 3: Friday, March 20, 2026</b><br><b>Arts and Culture for Older Adults</b> |                                    |   |
|--|------------------------------------|---|
|  | Venue:<br>Chulalongkorn University | <ul style="list-style-type: none"> <li>- <b>Morning:</b> Workshop exploring the potential of arts and culture in promoting physical and mental well-being in older adults.<br/><b>By Student Wellness Division, Office of Student Affairs.</b></li> <li>- <b>Afternoon:</b> Hands-on activities involving various art forms such as painting, music, dance, and storytelling, tailored to the interests and abilities of older adults.</li> <li>- <b>Evening:</b> Simulation I<br/>The Process of designing the final presentation effectively</li> </ul> |

Venue: Chulalongkorn University

| <b>DAY 4: Saturday, March 21, 2026</b><br><b>Collaborative Creation</b> |  |   |
|---|--|---|
|   | Venue:<br>Wat Thongbon / Wat Phomankunaram / Boat Wat Yannawa / Wat Pariwat Ratchasongkram | <ul style="list-style-type: none"> <li>- <b>Morning:</b> Participants collaborate in small groups to create art projects that reflect the relationship between different generations. Groups present their projects and share the stories and messages behind their creations.<br/><b>By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School</b></li> <li>- <b>Afternoon:</b> Cultural excursion to a local historical or cultural site, promoting intergenerational interaction and appreciation for Thai heritage. <b>Wat Thongbon / Wat Phomankunaram / Boat Wat Yannawa / Wat Pariwat Ratchasongkram</b><br/><b>By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School</b></li> <li>- <b>Evening:</b> Briefing and schedule outline for the following day.</li> </ul> |

Venue: Chulalongkorn University

| <b>DAY 5: Sunday, March 22, 2026</b><br><b>Community Engagement</b> |                                       |  |
|---|---------------------------------------|--|
|   | Venue:<br>Chulalongkorn<br>University | <ul style="list-style-type: none"><li>- <b>Morning:</b> Sharing session where older adults share their life experiences, wisdom, and perspectives with younger participants.<br/><b>By Siriwan Arunthippaitoon</b><br/><b>Senior Specialist on the Elderly, Department of Older Persons Affairs, Ministry of Social Development and Human Security.</b></li><li>- <b>Afternoon:</b> Participants reflect on the stories shared and discuss the lessons learned and how they can apply them to their own lives.</li><li>- <b>Evening:</b> Simulation II<br/>The Process of designing the final presentation effectively</li></ul> |

Venue: Chulalongkorn University

| <b>DAY 6: Monday, March 23, 2026</b><br><b>Project Presentations, Wrap-up</b> |                                       |   |
|---|---------------------------------------|---|
|   | Venue:<br>Chulalongkorn<br>University | <ul style="list-style-type: none"><li>- <b>Morning:</b> Participants present their final projects, showcasing their creativity and the knowledge and skills they have gained throughout the workshop.</li><li>- <b>Afternoon:</b> Workshop wrap-up session, summarizing key learnings, and discussing future initiatives to promote intergenerational understanding.</li><li>- <b>Evening:</b> Farewell party with cultural performances and presentations showcasing the participants' talents and achievements throughout the workshop.</li></ul> |

Venue: Chulalongkorn University

| <b>DAY 7: Tuesday, March 24, 2026</b><br><b>Departure</b> |                                       |  |
|---|---------------------------------------|--|
|   | Venue:<br>Chulalongkorn<br>University | <ul style="list-style-type: none"><li>- <b>Adjourn</b></li></ul> |