



Draft program*

AUA-CU Arts & Culture Workshop 2026:

“The Art of Aging: Creative expression and cultural engagement in later life”

*18 - 24 March 2026
Chulalongkorn University, Bangkok*

*Some details are subject to change.

DAY 1: Wednesday, March 18, 2026

Arrival and Registration

	Venue: Chulalongkorn University	Accommodation: Residence of Chulalongkorn University (TBC)
		<ul style="list-style-type: none">- All day: Arrival of participants at the designated location.- Evening: Welcome dinner and cultural performance showcasing Thai arts and traditions.

Venue: Chulalongkorn University

DAY 2: Thursday, March 19, 2026

Intergenerational Communication

	Venue: Chulalongkorn University	<ul style="list-style-type: none">- Morning: 1) Orientation session (intro to the workshop theme and objectives, ice-breaking activities) 2) Southeast Asia's Elderly: Issues and Opportunities (Expert Sharing Session) <p>By Dr. Montakarn Chimmamee Researcher Expertise Population and development studies, Southeast Asia (esp. Thailand, Myanmar, Cambodia and Lao PDR.) issues related to migration and human capital development.</p> <ul style="list-style-type: none">- Afternoon: Workshop on effective communication techniques between different generations, focusing on active listening, empathy, and understanding diverse perspectives.
	Venue: Yannawa Elderly School	

		<ul style="list-style-type: none"> - Interactive activities and games designed to promote intergenerational dialogue and understanding. <p>By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School</p> <ul style="list-style-type: none"> - Evening: Group discussion.
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Venue: Chulalongkorn University

<p style="text-align: center;">DAY 3: Friday, March 20, 2026</p> <p style="text-align: center;">Arts and Culture for Older Adults</p>		
	<p>Venue: Chulalongkorn University</p>	<ul style="list-style-type: none"> - Morning: Workshop exploring the potential of arts and culture in promoting physical and mental well-being in older adults. By Student Wellness Division, Office of Student Affairs. - Afternoon: Hands-on activities involving various art forms such as painting, music, dance, and storytelling, tailored to the interests and abilities of older adults. - Evening: Simulation I The Process of designing the final presentation effectively

Venue: Chulalongkorn University

<p style="text-align: center;">DAY 4: Saturday, March 21, 2026</p> <p style="text-align: center;">Collaborative Creation</p>		
	<p>Venue: Wat Thongbon / Wat Phomankunaram / Boat Wat Yannawa / Wat Pariwat Ratchasongkram</p>	<ul style="list-style-type: none"> - Morning: Participants collaborate in small groups to create art projects that reflect the relationship between different generations. - Groups present their projects and share the stories and messages behind their creations. By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School - Afternoon: Cultural excursion to a local historical or cultural site, promoting intergenerational interaction and appreciation for Thai heritage. Wat Thongbon / Wat Phomankunaram / Boat Wat Yannawa / Wat Pariwat Ratchasongkram By Mr.Likhit Limrotrauai, Director of Yannawa Elderly School - Evening: Briefing and schedule outline for the following day.

Venue: Chulalongkorn University

DAY 5: Sunday, March 22, 2026

Community Engagement

Venue: Chulalongkorn University	<ul style="list-style-type: none">Morning: Sharing session where older adults share their life experiences, wisdom, and perspectives with younger participants. By Siriwan Arunthippaitoon Senior Specialist on the Elderly, Department of Older Persons Affairs, Ministry of Social Development and Human Security.Afternoon: Participants reflect on the stories shared and discuss the lessons learned and how they can apply them to their own lives.Evening: Simulation II The Process of designing the final presentation effectively
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Venue: Chulalongkorn University

DAY 6: Monday, March 23, 2026

Project Presentations, Wrap-up

Venue: Chulalongkorn University	<ul style="list-style-type: none">Morning: Participants present their final projects, showcasing their creativity and the knowledge and skills they have gained throughout the workshop.Afternoon: Workshop wrap-up session, summarizing key learnings, and discussing future initiatives to promote intergenerational understanding.Evening: Farewell party with cultural performances and presentations showcasing the participants' talents and achievements throughout the workshop.
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Venue: Chulalongkorn University

DAY 7: Tuesday, March 24, 2026

Departure

Venue: Chulalongkorn University	<ul style="list-style-type: none">Adjourn
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